



## *Your Care is Our Priority*

Our specialized treatment programs address many common health conditions. They have been developed around medical research using proven rehabilitation procedures. The programs may also use medical technology called "Therapeutic Modalities," such as ultrasound, shortwave diathermy, gentle electrical stimulation or infrared light.

Therapeutic Modalities are often used by professional sports teams to manage pain, re-educate muscles and increase circulation for improved healing after an injury. They have also been used safely and successfully for many years among aging adults.

## *Non-Surgical, Medication-Free Treatment Options for a Wide Range of Conditions*

Our special programs may be helpful in the treatment of many common conditions and related symptoms experienced by aging adults and others:

- ▶ Pain
- ▶ Swelling
- ▶ Arthritis
- ▶ Muscle weakness
- ▶ Coordination or balance problems
- ▶ A recent fall or fear of falling
- ▶ Recovery from a joint replacement
- ▶ Complications from a stroke
- ▶ Loss of movement
- ▶ Bladder problems
- ▶ Slow healing wounds
- ▶ Post-surgical recovery
- ▶ Carpal tunnel syndrome
- ▶ Muscle weakness related to COPD

*Please contact our Rehabilitation Department to confirm the programs available at this facility.*

## *Advanced Medical Technology*

The rehabilitation equipment in our specialized treatment programs has been used safely and effectively among people of all ages. The treatments are comfortable and well-accepted by patients.

## *Progressive Rehabilitation Techniques*

Our therapists have received special training for each of our treatment programs. Depending on the patient's condition and needs, they may use a variety of therapy techniques to get the best results. These therapies may or may not include the use of Therapeutic Modalities.

## *How Our Programs Work*

You or your loved one will be evaluated by one of our specially trained therapists. Depending on the problem, they may evaluate things like muscle strength, coordination, sensation, flexibility, balance and the ability to perform certain activities. A customized treatment plan will then be developed for the individual's specific needs and goals.

*Specialized Treatment Programs*